Aurora - Batavia - Big Rock - Blackberry - Kaneville - Sugar Grove - Virgil

INC LINKS

South Kane County Townships Working Together

FEATURED AGENCY
Elderday Center

Elderday Center is a social service program that provides a comprehensive range of adult day services. Their community-based program offers seniors an opportunity for socialization, education, recreation, and health maintenance services. The program is designed to help clients maintain independence, physical, and mental health in order to enhance their safety, dignity and self-worth. Support services are available to family caregivers as well to assist in managing isolation, depression, guilt, and burn-out. Service areas include but are not limited to Aurora, Batavia, Big Rock, Blackberry, Campton Hills, Elburn, Geneva, Kaneville, Montgomery, North Aurora, Virgil, and Sugar Grove.

For more information, visit **www.elderdaycenter.org** or call **630-761-9750**.

Illinois Becomes the 11th State to Legalize Recreational Marijuana

It will be legal for someone 21 years or older to smoke in one's own home and on-site in some cannabis-related businesses effective January 1, 2020.

Use is prohibited in the following places:

- Any public place, such as streets or parks•
- In any motor vehicle
- On school grounds, with the exception of medical users•
- Near someone under the age of 21•
- Near an on-duty school bus driver, police officer, firefighter or corrections officer

Any person, business or landlord can prohibit use on private property. Illinois colleges and universities will also be allowed to ban marijuana use.

Marijuana has both short-and long-term effects on the brain.

Short-term effects include:

- altered senses (for example, seeing brighter colors)
- altered sense of time
- changes in mood
- impaired body movement
- difficulty with thinking and problem-solving
- impaired memory
- hallucinations (when taken in high doses)
- delusions (when taken in high doses)
- psychosis (risk is highest with regular use of high potency marijuana)

Long-Term Effects:

- Brain development. Marijuana use at a young age may impair thinking, memory, and learning functions, which affect how the brain builds connections between the areas necessary for these functions.

For additional information visit **www.drugabuse.gov** or **www.illinoispolicy.org**

Informational Videos

We have **new** informational videos available on our website and on YouTube. Each one features a partner agency and serves as a great resource. Please visit **incboard.org** or **youtube.com** (search INC Board, NFP). Don't forget to subscribe to our channel!

For additional information or assistance reaching our videos please email **inc@incboard.org** or call us at **630-892-5456**.