



## FEATURED AGENCY:

### Family Counseling Services

Family Counseling Services does their best to meet your needs. The staff are master's level, licensed clinicians with all services offered in English and Spanish.

#### Counseling Services Offered:

- Behavioral Health \*
- Child & Adolescent Behavioral Health\*
- Psychiatric Services
- Substance Abuse Treatment \*
- Older Adult Services \*
- Dialectical Behavior Therapy Program
- Violence Intervention Services
- 1-2-1 Mentoring

\* Funded in part by INC

For more information visit <https://aurorafcs.org/> or call 630-244-2662

## Domestic Violence Awareness Month

October is National Domestic Violence Awareness Month. Domestic violence affects both women and men, of every race, culture and status. According to *National Criminal Justice Reference Service* it covers a broad range of acts. The use of physical, sexual, economic,

and/or emotional abuse by one person in order to establish and maintain Power and Control over the other person. Not only does it harm the victim, but family members as well.

Domestic Violence (*Adapted from Lenore Walker, The Battered Woman, 1979*)

- Is NOT evident at the beginning of the relationship
- Is NOT an isolated event
- Is a PATTERN of behavior for the purpose of establishing power and control
- Is comprised of a variety of acts/events over time which may last minutes, hours, days or months.

*If you feel that you are in immediate danger, call 911.*

**Mutual Ground Domestic Violence Hotline** (*bicultural/bilingual services available*) 630-897-0080 (24hr)

## **New Volunteers**

The INC Board and staff would like to welcome two new community volunteers. Janice Smith has been appointed to the Aurora Community Mental Health 708 Board. Brenda Rompf has been appointed to the Big Rock Community Mental Health 708 Board. We look forward to their participation and input. Please note that all INC Board and Township Mental Health 708 Board meetings are open to the public. For more information visit our website at [www.incboard.org](http://www.incboard.org), or call the office and speak with our staff 630-892-5456.



## **Thank you Eileen!**

Eileen Maryanski is moving out of state and leaving her position at the INC Board after more than 12 years of exceptional service. We are extremely grateful for Eileen's dedication to the INC Board staff, boards, agencies and residents. Her energy and enthusiasm will be missed. We are extremely sad but also excited for her next adventure! Her last day with us will be Friday, October 25<sup>th</sup>.



# Welcome Colleen!

We are very fortunate to have hired someone to join us in the capacity of Administrative Assistant. She comes with a wealth of knowledge and experience. Colleen Baliya joined the INC Board staff and will be a great asset to the organization. She can be reached at [colleen@incboard.org](mailto:colleen@incboard.org) or at the office at 630.892.5456.

## FY19 Annual Report

The INC Board Annual Report was approved by the board at our September meeting. INC Board staff will be sharing the Annual Report with all the 708 Boards at the October meetings. Please look for it on our website [www.incboard.org](http://www.incboard.org) in early November.

## FY19 Audit Report

The INC Board Audit Report is now available on our website. Please visit <http://www.incboard.org/reports-and-plans/> to view a copy of it today.