



“A Community Mental Health Funding Alliance”

Townships of: Aurora - Batavia - Big Rock - Blackberry - Kaneville - Sugar Grove - Virgil

January 28, 2019

TO THE CITIZENS OF SOUTH KANE COUNTY,

Enclosed is our Three-Year Strategic Plan for the fiscal years from July 1, 2019 to June 30, 2022. Per the Community Mental Health Act, we anticipate doing annual updates for FY21 and FY22 as needed.

INC’s board of directors and staff continue to serve the residents of south Kane County and look forward to supporting and improving the local system of service and providers.

Please review this material and feel free to direct comments to INC staff regarding the plan.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Ken Rojek".

Ken Rojek
President

A handwritten signature in black ink, appearing to read "Jerry J. Murphy".

Jerry J. Murphy
Executive Director

FY20-FY22 THREE YEAR STRATEGIC PLAN

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FOREWORD

INC Board, NFP has been proudly serving the residents of south Kane County for close to fifty (50) years. Pursuant to the Illinois Community Mental Health Act, the citizens of south Kane County opted to provide locally-funded services for mental health, intellectual/developmental disabilities and substance use disorders, over and above services available from the State of Illinois. In doing so, voters determined that the intrinsic value of these services benefit not only the individual, but also society at large. We believe that the quality of life for the entire population in INC's service area has improved with the millions of dollars in services provided since the early 1970s.

The Community Mental Health Act mandates that local mental health authorities not only administer local funds to ensure services to its residents, but are also responsible for planning and coordinating of services within the local mental health system. We do so through networks and collaborations with agencies, advocates and stakeholders who have an impact on the delivery of local services.

Our legal authority to perform the duties of a local mental health authority originates in the Community Health Act as follows:

Any county, city, village, incorporated town, township, public health district, county health department, multiple-county health department, school district or any combination thereof, in consultation with and being advised by the Department of Human Services, shall have the power to construct, repair, operate, maintain and regulate community mental health facilities to provide mental health services as defined by the local community mental health board, including services for, persons with a developmental disability or substance abuse disorder, for residents thereof and/or to contract therefore with any private or public entity which provides such facilities and services, either in or without such county, city, village, incorporated town, township, public health

district, county health department, multiple-county health department, school district or any combination thereof.

Systemic planning, especially when the array of services is directed and funded by multiple sources, is often difficult. One must carefully balance factors that can be controlled with those that cannot, then determine where our influence can make an impact. Recognizing our own limitations in that regard, the INC Board has worked diligently to make the best use of local resources in supporting services for the citizens of south Kane County.

PART ONE: MISSION STATEMENT AND STRATEGIC PLANNING

The INC Board has taken a proactive role to stay abreast of the needs of the agencies through roundtable discussions, agency presentations and informational updates provided by staff. While board and staff is eager to move forward in producing a Three Year Strategic Plan for FY20-22 (July 2019-June 2022), they are also cognizant that changes in the long-standing leadership of the organization will require future adaptations. Coupled with the uncertainties and changes taking place in the mental health, intellectual/developmental disability and substance use disorder fields, the board has proceeded with a full Three Year Plan this year, mindful of the fact that adjustments may be necessary with One Year Plan updates for FY21 and FY22.

The first step of the strategic planning process involved reviewing INC's mission statement as developed in 2012. Finding the current mission statement to be explicit in its purpose, no changes were made. The mission statement reads:

To support mental, intellectual and developmental health and well-being for residents of the seven townships in INC's alliance by responsibly using these local resources to fund, plan, coordinate, monitor, advocate, educate and lead collaborative efforts for a local system of care that provides services to any resident with mental health concerns, intellectual/developmental disabilities and/or substance use disorders.

PART TWO: ENVIRONMENTAL SCAN

INC staff provided the INC Board members with multiple sources of data for consideration in their planning. This data was, by and large, locally generated. Changes in the south Kane County environment due to Federal and State of Illinois influences tend to be wide spread and initiate changes and conditions that INC cannot significantly influence. The INC Board and staff, however, remain cognizant of these factors in making local service adjustments. The Illinois State budget issues have subsided but the change in leadership leaves room for potential ambiguity.

INC conducted a survey of its 57 community volunteer board members, funded agency staff and board members, and dozens of key stakeholders such as government officials, provider agencies, advocacy groups, etc. The findings of the surveys on both the needs of the community as well as the purpose and operation of the INC Board, as the largest local funder of human services in the area, were shared with the Board and discussed at the strategic planning session.

The INC staff also summarized and shared the portions of the Kane County Community Health Assessment done in 2017-18 pertaining to mental health issues and substance use as well as other contributing factors such as poverty, partner violence, and access to services. The Health Assessment was conducted using three zones of the county, with the “south” zone roughly correlated to INC’s service area, giving us directly applicable data. The full assessment data book can be viewed online at: www.kanehealthcounts.org.

The INC Board also reviewed the minutes of both roundtable discussions held in calendar year 2018 with funded agency executive staff, a poll done to agency staff about the need for psychiatry services, and finally a report provided by the Kane County Health Department with reference to the characteristics of Aurora Residents who speak Spanish at home. All of these were discussed and mined for important data facts prevalent to the work of the INC Board.

Having reviewed all this data, the Board proceeded to discuss long range goals and future potential directions for the organization and its tax-payer-owned assets. The following Goals and Objectives are the results of those discussions in early 2019 and approved at the January 28, 2019 INC Board meeting.

As indicated earlier, we invite you to review and comment on the Three Year Plan. Please direct any comments to INC staff which will share them with the Board.

PART THREE: GOALS AND OBJECTIVES

FY20-FY22 PLANNING YEARS

THREE YEAR GOALS:

- GOAL 1: Increase the accessibility of psychiatric services to INC's partner agencies.
- GOAL 2: Increase the awareness of mental health, developmental disabilities and substance use disorder services in the Hispanic/Latino community.
- GOAL 3: Increase awareness in the community of the mission, duties and contributions of the INC Board.
- GOAL 4: Work to maximize funds available for distribution by the INC Board.
- GOAL 5: Collaborate with provider agencies to increase service system efficiencies in order to increase system capacity.
- GOAL 6: Increase legislative awareness of the role of INC, as the local community mental health authority, and the seven townships which support INC through their mental health tax levy.

FY20 OBJECTIVES:

- OBJECTIVE 1: Examine options and solicit proposals for a multi-agency system of collaboration in order to provide psychiatric services, especially for children and adolescents.
- OBJECTIVE 2: Continue and enhance outreach in the Latino community through collaborations with Latino-centric organizations, community presentations and other potential opportunities.
- OBJECTIVE 3: Review methods and opportunities to make more residents and organizations aware of INC's role in the county through presentations, social media, informational events, etc. Also, research rebranding of INC's image and public perception.
- OBJECTIVE 4: Research the possibilities to add to INC's available funds for distribution as outlined under the Community Mental Health Act.
- OBJECTIVE 5: Assist provider agencies in their efforts to be as efficient as possible through encouraging collaboration/mergers of both support systems and clinical services.
- OBJECTIVE 6: INC staff and board members should regularly meet with and share information with south Kane County legislators.



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