



AGENCY SPOTLIGHT: **FAMILY COUNSELING SERVICE**

Family Counseling Service provides a full array of outpatient behavioral healthcare services to clients of all ages.

Our Child & Adolescent program serves children age 3-17. Many of the kids we serve are survivors of abuse and trauma. Some are struggling in school, or with depression and anxiety. We also have partnerships with the East Aurora school district to provide in-school and in-home mental health services. Through a combination of play therapy (for younger children), counseling, and family education and therapy we help children and their families become more stable so the child can be successful in school and in life.

Family Counseling Service's Adult Behavioral Health program serves clients age 18-59. Our adult clients come to us for a variety of reasons – depression, chronic mental illness, marriage/relationship problems, career problems, and others. We offer both individual and group counseling, crisis intervention, and case management services to help clients manage their mental health concerns.

Our Older Adult Counseling program serves seniors age 60 and above. We provide in-home counseling and support services to help seniors who are managing chronic illness, facing end of life issues, or who are isolated and need to re-engage family and other social support.

Family Counseling Service's Substance Abuse Treatment program provides Level I outpatient education and treatment for adolescent and adult clients struggling with addiction. We use a combination of individual and group treatment to help clients learn the skills necessary to live life free and clear of addictive substances and behaviors.

For more information and additional programs, feel free to visit our website at www.auroraFCS.org or call us anytime at 630-844-2662.



FY18 Objectives & Program Funding for FY17

Our FY18 Objectives are available on our website, www.incboard.org. The objectives were developed over the previous winter and approved by the INC Board in January 2017. After approval, they were shared with INC's funded community partner agencies to help guide their funding requests for FY18.

After July 1, our website will reflect the FY18 program funding approved by the INC Board at its May 22 meeting. The board has funded no new programs and also made the difficult decision to not renew funding for 2 programs.

If there are any questions, please contact INC staff at 630-892-5456.

New Volunteers Step Up For FY18

The INC Board and staff would like to welcome three new community volunteers. Dave Anderson and Caryn Spitzzeri have been appointed to the Blackberry Township Community Mental Health 708 Board.

Marilyn Jacobsen from North Aurora has also been appointed to one of the at-large director positions on the INC Board. We look forward to their participation and input. Please note that all INC Board and Township Mental Health 708 Board meetings are open to the public. Check out the dates on our website www.incboard.org, or call the office and talk to Jerry, Dalila or Eileen.

Local Funding Helping Agencies Survive State's Budget Crisis

News media has been full of stories on Illinois' budget crisis, being the only state in the country that has not had an annual budget for almost two years. There have also been numerous stories about the local effects of the state's fiscal situation. Local community providers like Mutual Ground in Aurora and Community Crisis Center in Elgin are struggling, despite having laid off staff and cutting back on services available to Kane County residents.

Local funding, provided by the nine local mental health authorities or 708 Boards, is providing financial support for many agencies and services. The INC Board, the 708 Board that administers mental health tax levies for seven townships of southern Kane County (Aurora, Batavia, Big Rock, Blackberry, Kaneville, Sugar Grove and Virgil) has allocated \$1,439,613 in awards and grants in the fiscal year ending June 30, 2017. The INC Board approved allocations for the fiscal year starting July 1, 2017 of \$1,469,000 for seventeen agencies and forty programs. These are local funds, under local control, used to address local issues. The cities of Geneva and St. Charles also have local mental health boards that support local community agencies with funding totaling over \$650,000.

While local resources can never completely replace the state funding being lost, it can at least help local agencies to survive the immediate crisis. For more information about the INC Board, contact Jerry Murphy at 630.892.5456 or go to INC's website at www.incboard.org.

A Layperson's Guide to Mental Illness Presentation Available

If you are interested in scheduling a presentation either in English or Spanish, please contact the INC Board, NFP at 630-892-5456 or by email inc@incboard.org. [Click here](#) for the flyer and additional information.



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