

APPROVED

INC BOARD, NFP



"A COMMUNITY MENTAL HEALTH FUNDING ALLIANCE"

FY17 - FY19 THREE-YEAR STRATEGIC PLAN

Serving Aurora, Batavia, Big Rock, Blackberry, Kaneville, Sugar Grove and Virgil Townships

**FY17 - FY19
STRATEGIC
PLAN**

FY17-FY19 THREE YEAR STRATEGIC PLAN

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“A Community Mental Health Funding Alliance”

Townships of: Aurora - Batavia - Big Rock - Blackberry - Kaneville - Sugar Grove - Virgil

January 29, 2016

TO THE CITIZENS OF SOUTH KANE COUNTY,

Enclosed is our Three-Year Strategic Plan for the fiscal years from July 1, 2016 to June 30, 2019. Per the Community Mental Health Act, we anticipate doing annual updates for FY18 and FY19 as needed.

INC’s board of directors and staff continue to serve the residents of south Kane County and look forward to supporting and improving the local system of service and providers.

Please review this material and feel free to direct comments to INC staff regarding the plan.

Respectfully submitted,

A handwritten signature in black ink that reads "Terry Lanthrum".

Terry Lanthrum
President

A handwritten signature in black ink that reads "Jerry J. Murphy".

Jerry J. Murphy
Executive Director

FORWARD

INC Board, NFP (formerly known as Mental Health and Mental Retardation Services, Inc.) has been proudly serving the residents of south Kane County for over forty (40) years. Pursuant to the Illinois Community Mental Health Act, the citizens of south Kane County opted to provide locally-funded services for mental health, intellectual/developmental disabilities and substance use disorders, over and above services available from the State of Illinois. In doing so, voters determined that the intrinsic value of these services benefit not only the individual, but also society at large. We believe that the quality of life for the entire population in INC's service area has improved with the millions of dollars in services provided since the early 1970's.

The Community Mental Health Act mandates that local mental health authorities not only administer local funds to ensure services to its residents, but are also responsible for planning and coordinating of services within the local mental health system. We do so through networks and collaborations with agencies, advocates and stakeholders who have an impact on the delivery of local services.

Our legal authority to perform the duties of a local mental health authority originates in the Community Health Act as follows:

Any county, city, village, incorporated town, township, public health district, county health department, multiple-county health department, school district or any combination thereof, in consultation with and being advised by the Department of Human Services, shall have the power to construct, repair, operate, maintain and regulate community mental health facilities to provide mental health services as defined by the local community mental health board, including services for, persons with a developmental disability or substance abuse disorder, for residents thereof and/or to contract therefore with any private or public entity which provides such facilities and services, either in or without such county, city, village, incorporated town, township,

public health district, county health department, multiple-county health department, school district or any combination thereof.

Systemic planning, especially when the array of services are directed and funded by multiple sources, is often difficult. One must carefully balance factors that can be controlled with those that cannot, then determine where our influence can make an impact. Recognizing our own limitations in that regard, the INC Board has worked diligently to make the best use of local resources in supporting services for the citizens of south Kane County.

PART ONE: MISSION STATEMENT AND STRATEGIC PLANNING

The INC Board opted last year to produce a One Year Strategic Plan for FY16 (July 2015-June 2016), due to the uncertainties and changes taking place in the mental health, intellectual/developmental disability and substance disorder fields. While the environment is not substantially different, the INC Board decided to proceed with a full Three Year Plan this year, cognizant of the fact that adjustments may be necessary with One Year Plan updates for FY18 and FY19.

The first step of the strategic planning process involved reviewing INC's mission statement as developed in 2012. Finding the current mission statement to be explicit in its purpose, no changes were made. The mission statement reads:

To support mental, intellectual and developmental health and well-being for residents of the seven townships in INC's alliance by responsibly using these local resources to fund, plan, coordinate, monitor, advocate, educate and lead collaborative efforts for a local system of care that provides services to any resident with mental health concerns, intellectual/developmental disabilities and/or substance use disorders.

PART TWO: ENVIRONMENTAL SCAN

INC staff provided the INC Board members with multiple sources of data for consideration in their planning. This data was, by and large, locally generated. Changes in the south Kane County environment due to Federal and State of Illinois influences tend to be wide spread and initiate changes and conditions that INC cannot significantly influence. The INC Board and staff, however, remain cognizant of these factors in making local service adjustments. The continued Illinois State budget issues could have long term effects on the service delivery system of community providers, as well as potentially drastic changes to the services available to all Illinois residents.

INC conducted a survey of its 57 community volunteer board members as well as dozens of key stakeholders such as government officials, provider agencies, advocacy groups, etc. The findings of the 22 question survey on both the needs of the community as well as the purpose and operation of the INC Board, as the largest local funder of human services in the area, were shared with the Board and discussed at the strategic planning session.

The INC staff also summarized and shared the portions of the Kane County Community Health Assessment done in 2014-15 pertaining to mental health issues and substance abuse. The Health Assessment was conducted using three zones of the county, with the “south” zone roughly correlated to INC’s service area, giving us directly applicable data. The full assessment data book can be viewed online at: www.kanehealthcounts.org

The INC Board also reviewed the 2011 Latino Needs Assessment Survey. The study was done as a joint venture of Companeros en Salud, Aurora University and INC. While a couple of years old, the findings and recommendations of the summary are still valid today, as confirmed by the KC Health Assessment.

The INC Board also reviewed information provided by The Association for Individual Development (AID) which addressed potential future changes in Intellectual/Developmental Disability (IDD) services and how these changes could affect AID's rental and use of INC-owned buildings. Looking internally, the Board also reviewed the INC Funding Policy, future INC staffing, and organizational plans to develop program audit procedures and outcome measurement processes. Board member participation and development, at both the INC Board and Township Community Mental Health 708 Board levels, were also addressed as a result of the INC survey.

Having reviewed all this data, the Board proceeded to discuss long range goals and future potential directions for the organization and its tax-payer-owned assets. The following Goals and Objectives are the results of those discussions in late 2015 and early 2016 and approved at the January 25, 2016 INC Board meeting.

As indicated earlier, we invite you to review and comment on the Three Year Plan. Please direct any comments to INC staff which will share them with the Board.

PART THREE: GOALS AND OBJECTIVES

FY17-FY19 PLANNING YEARS

THREE YEAR GOALS:

- GOAL 1: Explore future options for use of INC-owned property (land, buildings and unimproved vacant land).
- GOAL 2: Support programs to increase access to existing systems of care for individuals with mental illness, intellectual/developmental disabilities and/or substance use disorders, especially for the Hispanic population which is underserved in Aurora and surrounding communities.
- GOAL 3: Provide additional support services to the local agency network, to increase program information to the community, assist them with development of additional revenue sources, and facilitate referrals from the community to these agencies.
- GOAL 4: Increase the visibility and communication channels for INC's mission, operations, and funding in south Kane County to increase awareness of resources provided to address mental health needs of the residents.
- GOAL 5: Expand the role and involvement of INC Board and Township Community Mental Health 708 Board members through education, advocacy and participation in INC-related and system activities.

FY17 OBJECTIVES:

- OBJECTIVE 1: Establish a Facilities Committee of the INC Board to review current use of INC's land and facilities in conjunction with INC's tenant agencies, and research options for future use of INC's property assets.
- OBJECTIVE 2: Support an Outreach Program to increase access to the mental health provider system for the Hispanic population of Aurora and surrounding communities.
- OBJECTIVE 3: Work with provider network to increase information about, and access to, services available through community presentations, social media, and traditional media channels.
- OBJECTIVE 4: Work with provider network to increase program capacity by funding services or infrastructure to allow for expansion. This may include initiatives such as grant writing assistance for agencies without in-house development staff, information technology and data support, operational and technical trainings, and cultural competency training.
- OBJECTIVE 5: Increase the size and responsibilities of INC's Public Relations Committee in order to provide regular, timely information to the media, and thereby the community, on the mission, funding and operations of the INC Board.
- OBJECTIVE 6: Actively recruit board (INC and 708) member participation in community events where INC-funded services are discussed or presented to the public.
- OBJECTIVE 7: Further engage all board members through additional training regarding INC operations in regards to the tax levy process and the funding application procedures. Encourage 708 Board members to attend INC Board meetings on an annual basis.
- OBJECTIVE 8: Establish regular Outcomes Measurement reports for INC-funded programs starting July 1, 2016.

INC BOARD MEMBERS & STAFF

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